



## **Lymphatic Enhancement Technology (LET) Training™ Announces Dates & New CLASS LOCATION for 2012!**

**The Healing Arts Connection  
1717 W. Northern Ave, Suite #115  
Phoenix, AZ 85021**

**Level I March 12-15 2012 - Level II March 17-18, 2012**

**Arcturus Star Products LLP** has been manufacturing the Lymphstar Pro® line of products for 14 years and is entering its 3rd year for the LET Training Institute (LET) classes. We now have large group of Level I Certified and Level II Certified students who highly regard our course curriculum along with Desiree's teaching. Professionals from the full spectrum of holistic, esthetics, and medical industries have attended. Classes have been most popular with massage therapists & naturopaths. Chiropractors, nurses, and physical and occupational therapists are increasing in attendance. They are a great asset to the growth of our work in the future - with medical conditions such as lymphedema, wound healing, and rehabilitation.

Enrollment is limited to 14 students for our Level I class. If the demand is there, a larger enrollment will be accepted and an assistant instructor will be added. Level II is limited to 6 students. The March Level I class will fill quickly so we encourage you to book your space as soon as possible!



### **LET Course Instructor Desiree DeSpong of Tauranga, New Zealand**

The LET Training is an intensive course in the use of the Lymphstar Pro® and its companion products, combined with Manual Stimulation Techniques geared to the needs of various health professionals and their clients. It is designed to improve understanding of the lymphatic system of the body, develop proficiency in the Lymphstar Instrument's optimal use, as well as in addressing clients' individual health needs. A certificate for 32 hours of course completion is given at the end of the course. A hands-on test will be performed for Desiree on the final class day as a requirement for the certificate. The final class day will end at 5:00 PM, so please plan to attend full days. In order to achieve a full **Level I LET Technician Certification** this class is a pre-requisite. Once completed you may order the test & case study plan (cost \$150.00) and, once passed, receive the LET Level I Certification. For full description of the available curriculum see Practitioner Levels below.



Upon enrollment in the LET™ class you will be given lodging & travel planning information. Your Course Manual will be mailed out 4 weeks prior to class, or upon full payment. We request that it be studied before arriving and brought with you to class. The Course Workbook is handed out at class. If you have not been working with the Lymphstar Pro® we highly recommend that you have some exposure to it before class. Call us for contacts in your area if you are not familiar with someone who offers the therapy. Or you may purchase a unit prior to attendance and start working with it right away. Many who take the class have years of experience with the technology but can benefit from the advanced insights and instruction in the technique of LET as developed by Desiree DeSpong. We invite you to join us for a profound learning experience! . (See testimonials last page)

### **2012 Training Schedule, Prices, & Deadlines**

#### **Level I - "Introduction to Lymphatic Enhancement Technology"**

**Cost: \$1,100.00 per person - with an Early Bird Discount of \$200 if enrolled by February 14, 2012 with a \$400.00 non-refundable deposit\*.**

32 hours ( Four Days) of Intensive Training from 9 am to 5 pm daily. Please arrive at 8:30 AM on day one!

***Balance payment for Early Birds is due by February 15, 2012.***

#### **Level II - "LET Level II Technician Certification" (see Practitioner Levels below)**

**Cost: \$550.00 per person with a \$200.00 non-refundable deposit\***

**16 hours, Two Days, 9 am to 5 pm daily**

***Balance Deadline is February 15, 2012***

***\* Deposits may be transferred to a future class in the same calendar year. See Refund Policy below for other conditions.***

### **Lymphatic Enhancement Technology (LET) Training Institute™**

**a division of Arcturus Star Products LLP**

25401 ROAD F CORTEZ, CO 81321

**888.730.1053 970.564.5811**

**www.arcturusstar.com email: arcstar@fone.net**

**The Level I Course Includes:**

- Intensive professional LET™ hands-on training by International Trainer Desiree De Spong.
- Lori Sweet, CEO, presents Vibrational Energy Technology Lecture with PowerPoint handout.
- Certification of Completion in 32 hours of instruction in Manual Stimulation Technique & the use of the Lymphstar Pro/ProFusion.
- LET™ official Manual and Workbook (Manual is sent prior to class and must be brought with you).
- Product demonstrations, updates, and discounts for student purchases.
- Please note that the Level I class is in "Certification of Use" and is not the full Level I Technician Certification. See "Practitioner Levels" below for a complete description of the program. Level I LET Technician Certification *requires* a post-class test, case studies completed at home, and a passing grade. Completion Fee is \$150.00. May be done at any time one chooses.

**Please confirm our schedule dates & locations prior to making travel arrangements!**

**Summary of 2012 Classes**

**Session 1 - Phoenix, AZ**

**March 12-15, 2012 - Level I- Introduction to Lymphatic Enhancement Technology - 32 hours, 4 days.**

**March 17-18, 2012 - Level II - LET Technician Certification - 16 hours, Two days, practical exam.**

**9:00 A.M. - 5:00 P.M. - All Class Days**

**Location: Healing Arts Connection. 1717 W. Northern Ave., Suite 115, Phoenix, AZ 85021**

**Session 2 - Dates to be announced**

Further information regarding class curriculum and travel and accommodation arrangements can be emailed following your inquiry or deposit. Please call our office to request this information.

**Tollfree: 1-888-730-1053 Local: 970-564-5811 Email: [arcstar@fone.net](mailto:arcstar@fone.net) or [customerservice@arcturusstar.com](mailto:customerservice@arcturusstar.com)**

**For full details of the course curriculum and location please call or email us at**

**1- 888-730-1053, 970-564- 5811,**

**or email: [arcstar@fone.net](mailto:arcstar@fone.net) or [customerservice@arcturusstar.com](mailto:customerservice@arcturusstar.com)**

**Cancellation and refunds policies :**

**In the event of an Instructor Emergency, weather, etc.**

**Company Class Cancellation Policy:** Arcturus Star Products LLP reserves the right to cancel a class due to lack of minimum participants. It will be done in a timely manner. Deposits will be applied to the next available class. Refunds on full payments balance, less deposit, will be made at the time of cancellation, if requested, or transferred to another class within the same year.

In case of instructor emergency, act of god or other calamity, the Institute will do it's best to hold another course in a timely manner. Refunds on balance paid may be made per request, as above.

**Student Refund Policy:** If you cannot attend you may apply the deposit to another class in the following 12 months post original enrollment date. If you have paid in full and want to have the refundable portion of your tuition returned please allow 3 weeks to process such refunds. Thank you, The LET Training Institute LLC

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## 2012 Practitioner Levels

### **Level I – Introduction to Lymphatic Enhancement Technology - 32 hours, Four days \$1100.00**

This recognizes the student has achieved a basic proficiency in the use of the electronic therapy instrument, Lymphstar Pro®, and it's proper therapeutic application as an adjunct to manual stimulation therapy for improving lymphatic drainage. This foundation course is a requirement for the Level I – LET Technician Certification.

**Level I – LET Technician Certification \$150.00 - Written exam, essay and two case studies (6 x one hour sessions each)** This recognizes the student as having completed the fundamental coursework of LET and have proven to be a certified LET Practitioner. Enrollment is open to any student who has completed the Introduction to LET.

### **Level II – LET Technician Certification \$550.00 - 16 hours, Two days, practical exam**

This recognizes the practitioner as having mastered the material and the techniques of LET and has the option (at a charge) to advertise on the Arcturus Star Products Website as a Qualified LET Technician/practitioner. Enrollment is open to any LET Technician who has completed Level I LET Technician Certification and completed six months of application of LET Therapy.

#### **Biography of Desiree De Spong**

Desiree De Spong was born and raised in Dunedin, New Zealand and is in her second decade of work in complimentary medicine and education. Initially trained in Zen Shiatsu, Desiree was introduced to Chapman Reflexes while studying Ortho-Bionomy. This course led her to develop a greater interest in the lymphatic system. After investing in the holistic instrument called the Lymphstar Pro®, she found it so compelling that she began a quest for knowledge that would take her around the world. After travelling to the United States to train with Allen Mills at the Center for Lymphatic Health, Santa Barbara, CA, Desiree began to develop her proficiency in Lymphatic Decongestive Therapy. She returned to the US to study with Cory Carter from Alt Med Services, South Dakota. She has also trained in Manual Lymphatic Drainage with Jill Griffiths from the Weller Institute in Australia. She has been collaborating with the company that developed the Lymphstar Pro, specifically CEO and education director, Lori Sweet of Arcturus Star Products LLP in Colorado.

Recently, Desiree was welcomed at the 22nd International Congress of Lymphology in Sydney, Australia, in September 2009. She met with Neil Pillar, Department Head at Flinders Clinic, an expert in the study of lymphoedema at Flinders University in Adelaide. There were over 360 world medical experts and Lymphology professionals ranging from academics, therapists, to basic researchers attending. After joining the Australasia Lymphoedema Association, Desiree attended the 2010 Conference in May 2010 and was awarded a visiting fellowship for a research study at Flinders University in Adelaide, Australia at the Department of Surgical Oncology Unit & Lymphedema Assessment Clinic to look at the effects of this work on clinically diagnosed lymphoedema, secondary to breast cancer surgery. The results of this pilot trial are still being finalized and will be published by 2012. She is guiding further trials in America commencing in 2012.

Desiree has had successful results treating many health issues ranging from detoxification to auto-immune conditions. She has found that this form of treatment is effective in reducing breast lumps, improving fibrocystic conditions, post-mastectomy issues and breast tenderness. She is currently advocating for the Lymphatic Enhancement Technology™ with many groups in the breast cancer field and with her in clinical work and training seminars, and in setting up case study trials. Desiree's Clinic is based in Tauranga, New Zealand. She is currently the only New Zealander to be American trained in this specialized modality. As the curriculum developer and first trainer for the LET Lymph Enhancement Technology™ course, she is a great asset to the Arcturus Star Products team and vision. Her strengths are her passion for the work, her tenacity and her commitment to learning and sharing that knowledge in service to others.

#### **Biography of Lori Malec Sweet**

Lori Sweet has been a natural entrepreneur since the age of 14 when she joined the Junior Achievement program in Grand Rapids, Michigan. Two years later she won every award in JA, as well as full scholarship to the University of Southern California. She graduated cum laude from USC with a BFA in ceramics and sculpture. After receiving her teaching degree from Michigan State University she began to provide art classes for children and adults in public and private education, as well as creating art. Since then she has had a varied career in the arts, education, community service, holistic health, and manufacturing. As a student of holistic health since the 1970s, she is currently acquiring a Master's of Science in Natural Health.

In 1984 her son, Nathan, was diagnosed with leukemia at the age of 8 and became a patient at St. Jude's Children's Research Hospital. His remission was followed by her avid study of health and wellness and eventual interest in vibrational energy healing. She created a business that manufactured and researched electronic health products in 1994, and has had a passion for this work ever since. Her current company, Arcturus Star Products LLP is co-owned and managed with her husband, Steve Sweet. Their mission is to provide quality products, service and innovation in this fledgling industry, manufactured with care in America.

Lori's passion, enthusiasm and tireless efforts have led to over 20 years of success in this business. Her company is constantly moving toward greater validation of this work by providing education and supporting ongoing medical research .

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## **Here's what our students have to say about the Lymphatic Enhancement Technology (LET) Training Course!**

"The course and the Lymphstar Pro Technology created a new foundation of understanding for me regarding the body and it's capability to clear and heal. After 15 years to doing body work, including MLD, I finally feel as though I will be *working in partnership with the body and not just on the body.*" **Linda Washington, Texas**

"Great materials. Organized presentation. It works! A wonderful technique. Thanks for all the hard work you each put into this course! I feel it was money well spent and the group of people was wonderful." **Audrey Koerber, North Carolina**

"Desiree was very organized. She was clear and concise. I really liked her teaching style. I am excited that Arcturus has started to take charge of teaching us and trying to standardize the teaching of LET." **Barbara Salvitti, Pennsylvania**

Desiree gave 100% all the time. She was organized and knowledgeable. I know how much work Lori and Steve did to make this happen and appreciate it. Desiree was great at communicating in terms everyone could understand. She was basic enough for me as a beginner and extremely helpful. Appreciated time for questions and stories. Appreciated the hands on practice the most. **LaDonna Van Eagan, Nebraska**

"I so appreciate Lori's enthusiasm...and Desiree's integration of her varied expertise - including adult learning/course design as well as "intention", "spirit", "emotion", (she put a love heart beside this) especially as they directly related back to lymph and the Lymphstar Pro." **Margo Covington, New Mexico**

"Desiree's experience is awesome. Very good teacher - not just a lecture!" **Pam Gilmore, Florida**

"How awesome Desiree is as a teacher and storyteller - what an awesome person." **Karen Bean, Ohio**

"Wow! What a powerhouse of beautiful energy you (Lori) brought together! You really should be proud of yourselves. I truly enjoyed the time with both you & Desiree, and Desiree is a delightful person who really knows her stuff. I have been really tearing it up since my return. I appreciate the information and the sharing of loving energy with you all. I will stay in touch." **Leslie Clement-Bonner, North Carolina**

"Thank you, thank you, thank you for the class. Now that my brain has had a chance to absorb the info I am all fired up to use the protocol. My plan is to focus on marketing my LET to some of the holistic doctors here." **Cindylu Lichtenhahn, Colorado**

"After taking the course in NY from Desiree, I was impressed with her knowledge of the lymphatic system. Her presentation and diagrams give me much better understanding of how the lymphatic works. As a certified lymphedema physical therapist working with breast cancer patients, her course has me incorporating her skills into my practice. I feel that complimenting the use of the Lymphstar Pro could also improve the results from my treatments. I am excited and look forward to future courses with Desiree." **Marcy McCaw BPE BScPT CLT, Pennsylvania**

"Very, very well done, amazing experience, learned so much". **Nan Nathenson, Respiratory Therapy Education Coordinator, Madonna Rehabilitation Hospital**

"Hands on technique are imperative in teaching therapists. Desiree has well thought out, organized material and teaching skills are great". **Julie Carpenter, PT, Colorado**

"Desiree has a fantastic teaching style. Her course content is well laid out. Very hands on with great descriptions together with diagrams. I am a very visual person and like to read, see, then do. This supported my learning style. Desiree has a great passion and understanding of the lymphatic system and this enthusiasm flows into her teaching. Thanks Desiree." **Raewyn Wallace, New Zealand (RMT, Certified Lymphatic Enhancement Practitioner)**

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**Transportation: Phoenix Sky Harbor International Airport (PHX)**

Airport transportation: Super Shuttle approximately \$23 each way.

Transportation to Center: Bus runs up and down Northern Avenue and taxi's are available.

**Rental Cars:** <http://www.skyharborrentalcars.com> Class participants with vehicles are very open to sharing rides with others. Please let us know if you wish to share rides with others.

**Lodging:** The following is a list of the hotels/motels that have been given to us by the owner of the Healing Arts Connection Center. They have an arrangement with them for very reasonable rates year round. The owner feels they are very safe. She does not recommend the Super 8's and Motel 6's in their area because of the safety factor.

**[Days Inn Metro Center](#)**

2735 W Sweetwater Ave

Phoenix, AZ 85029 **(602) 942-5030**

*\$30.79 +tax year round. You will need to identify yourself as a "Healing Arts Connection Student" to get this fantastic price. Continental breakfast included. Dipesh Patel, Innkeeper*

Map to the area in relationship to the training center:: <http://mapq.st/uKfHEH>

(Southwest of I-17 & Thunderbird) About 5 miles (10 min) from Healing Arts Connection

**[Best Western - Metro Center Inn ~ I-17 & Northern](#)**

8101 N Black Canyon Hwy, Phoenix, AZ 85021 **(602) 864-6233**

(Healing Arts Connection rate of \$69 year around)

(Check online for Promo's - sometimes better than \$69 rate, especially with 2 night minimum)

Map to the area in relationship to the training center: <http://mapq.st/tFZL5T>

Great little hotel, less than a mile from the Training Center, hot breakfast included, clean rooms, outdoor pool, Internet connection Healing Arts Connection guests. Call hotel directly to book the General Manager's rate - tell them you are with Healing Arts Connection. Any questions, ask for Connie, Best Western Metro Center Inn manager.

If you wish to share a room with another participant please call and we will give you names of others wanting to share a room.

**Restaurants:** There are numerous restaurants within walking distance of the motels and the Healing Arts Center.

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